

## **THEATER ARTS**

### **Musical Theater**

Dive into the world of musical theater! Students learn popular ensemble songs from musicals, complete with staging, choreography, and character work. Class begins with a jazz based warm-up followed by center technique that incorporates steps typical to musical theater and jazz. INT integrates more complex dance technique and higher expectations with regard to line delivery and acting etiquette. Vocally, students will work on range and diction for musical theater singing and apply acting techniques and musical theater dance choreography. Fall Session: students work on a mini musical, giving them exposure to individual lines and solo opportunities as well as ensemble choreography. Spring Session: students hone their abilities to execute given material with precision and work together as a group to create pieces for the May Showcase.

### **Junior Mainstage**

An abridged musical production, complete with roles, lines, songs, choreography and costumes! Our Mini Mainstage is perfect for kids getting their feet wet in theater as well as more experienced performers looking for leadership opportunities and reinforcement of fundamental theater skills. Our Junior Mainstage expands upon skills learned, allowing for increased opportunities and exploration of more in-depth theater concepts and character development. Presented in our in-house black box theater; performances are ticketed events.

### **Advanced Musical Theater**

Students work in-depth vocally on ensemble and small group numbers, incorporating dance technique and choreography specific to musical theater, and hone their acting technique through partner scenes and vignettes. Solos, duets and monologues are implemented as students age up and progress in skill level. Curriculum utilizes professionally produced scripts and songs, creating an advanced cabaret performance featuring ensemble production numbers as well as character and vocal work. Commitment from September - June.

### **Advanced Acting for Film**

Students in this class will train in on-camera acting technique, utilizing actual scripts from Netflix, NBC, CBS, Disney, Pixar, Nickelodeon, feature films, as well as commercials. Students will go deeper on how to approach a script, critically thinking about objectives and how to properly raise the stakes. They'll get insider tips and hands-on experience creating their own self-tape auditions, practicing slates and developing compelling personality questions. Material is selected individually for the student based on their age, skill level and personality. Talent agents from STARS and 3 Model Management sit in twice per session to scout for possible representation. Commitment from September - June.

## **DANCE**

### **Petite/Demi Ballet**

Designed for our littlest ballerinas, class explores the foundations of ballet technique, position execution and recognition, beginning placement as well as ballet terminology. Class begins with basic ballet technique, promoting grace, coordination and strong dance foundations. Class continues with both center work and across the floor, allowing additional time to take the foundations and move across the space. Elements of creative movement are incorporated to promote creativity and imagination. Goals are to establish foundations and an appreciation for ballet.

### **Petite/Demi Ballet & Tap**

Designed for our littlest dancers, this class explores both ballet and tap, making for an exciting and dynamic class to keep our preschool/early elementary performers engaged and inspired. Class begins with basic ballet technique, promoting grace, coordination and strong dance foundations. After across the floor exercises, dancers transition to tap. Tap allows young dancers to let loose and explore more up-tempo technique that expands on the ballet foundations. Elements of creative movement are incorporated to promote creativity and imagination.

### **Petite/Demi Ballet & Acro**

The best of both worlds! Class explores both ballet and acro, combining these powerhouse styles to create strong and flexible dancers. Class begins with basic ballet technique, promoting grace, coordination and strong dance foundations. After across the floor exercises, dancers transition to acro. Elements of creative movement are incorporated to promote creativity and imagination. Goals are to establish foundations and an appreciation for ballet. Acro allows dancers to learn how to properly develop acrobatic and gymnastic skills with an emphasis on balance, strength and flexibility.

### **Ballet & Jazz**

This powerhouse combination of styles allows dancers to build a strong foundation in both styles and lay the groundwork towards becoming strong, graceful, and technically proficient dancers. Half of the class is spent focusing on ballet and the other half on jazz. The ballet portion of the class begins with barre work followed by center and across the floor. Emphasis is on developing turnout, fluidity of expression, balance, flexibility, and ballet vocabulary. The jazz portion of the class begins with a brief warm-up, followed by center, across the floor, and a dance combination. Jazz builds on the ballet foundations, adding opportunities for more freedom of movement, expression, and increasingly up-tempo and explosive dance steps. A definite must for the young dance exploring diverse and more serious training!

### **Ballet**

Please inquire for more details regarding the Ballet program and specific levels. The levels have a distinct curriculum and build on foundations, expanding terminology. Overall goals of the ballet program are: proficient and excelling execution, expanding knowledge of terminology, carriage of the arms, alignment, flexibility, strength and proper engagement of muscles to promote turnout, balance and power.

### **Pointe**

Approval is required for entrance into the pointe program. Class begins with focused work on strengthening feet, finding balance, and pulling up and out of the toes. Beginning classes consist of barre work with the goal of moving towards center. At the barre, exercises promote proper placement, turnout, hips and abdominal engagement, and lower body strength through the limbs and feet. Barre work builds strength properly, working on moving from execution with two feet, to exercises transferring weight from one foot to the other and focusing on technique engaging one supporting/standing leg at a time. Once students establish proper barre execution, they continue to center and across the floor technique. Advanced pointe students are individually approved to wear pointe shoes in designated ballet classes to allow dancers to fully transition to en pointe, executing technical exercises and choreography.

### **Jazz**

A combination of a variety of styles of dance - ballet, musical theater, modern, and social dances – Jazz explores explosive and dynamic movement. This class builds a firm technical and strength base, allowing for individualized movement. Emphasis is on developing strength, style, dynamics, expression and flexibility. Students of jazz are strongly encouraged to study ballet simultaneously for the best possible jazz experience.

### **Jazz Funk**

Founded in a variety of dance styles, Jazz Funk also incorporates elements of pop and hip hop influences. This high energy and sassy class is a fun extension of the classic jazz style. Students of jazz are strongly encouraged to study ballet simultaneously for the best possible jazz experience.

### **Contemporary**

A FUSION class – students interested in contemporary and lyrical will find this class an excellent fit. A challenging and inspiring class, Contemporary takes elements of ballet, jazz, lyrical and modern dance, fusing into movement that is edgy, grounded, graceful, and driven by emotion. This class aims at exposing students to a distinct quality of movement, engaging core strength, balance, and flexibility while emphasizing bodylines and sustained extension. Ballet training is encouraged to maximize results.

### **Lyrical**

Combines the beauty of ballet with the power of jazz, using motion to interpret music and express emotion. A lyrical dancer's movements attempt to show the meaning of the music. Lyrical is a passionate dance style and tells a story through every movement made. Lyrical dance has a relatively recent history and a genesis based on the coming together of ballet with rock/folk/pop/alternative music and a variety of jazz dance styles and modern dance. It is mainly performed to music with lyrics, and the song's lyrics are a driving force and key inspiration for the movement. Choreography is often emotional, gripping, and delicate, all at the same time.

### **Tap**

A must for the well-rounded dancer and student of musical theater, PAAM tap class curriculum goals focus on building proficient tap dancers in the style of musical theater. Tap is specifically wonderful for building rhythm, timing and execution of intricate patterns. Technique expands from basics like shuffles and flaps and incorporates more advanced techniques such as time steps, wings, drawbacks, pullbacks and more. Dancers work on developing clean sounds, expression and coordinating upper body presentation with fast footwork.

### **Hip Hop**

Set to popular music, Hip Hop aims to build rhythm, expression and style. Class begins with a high-energy warm-up followed by core strength exercises to develop a strong base. Center work includes hard-hitting choreography, isolations, complex footwork, and more. Students are encouraged to integrate expression and attitude, and gain an understanding of dynamics and timing. Choreography increases in difficulty and maturity as the students get older and more experienced.

### **Acro**

Dancers learn how to properly develop acrobatic and gymnastic skills with an emphasis on balance, strength and flexibility. Unlike a gymnastics class, acro does not employ the use of large apparatus. Most work is done on mats, with the goal of moving to the floor. Props such as “cheese mats”, bosu balls, Therabands, blocks (and more) are used to assist with proper execution and increase strength and flexibility. Students learn to blend dance and acrobatics as seen in such places as Cirque du Soleil.

### **Leaps/Turns**

This technique class concentrates on the technical aspects of leaping, jumping and turning by teaching a series of jumps, leaps and turns, weight and direction changes. Dancers develop balance, strength, elevation and increased body alignment. Class is a highly recommended supplement to dance training. Curriculum increases in difficulty through the levels and exposes dancers to the latest trends and technique combinations. This is a non-performing class.

## **Progressions**

A more advanced version of our leaps/turns class, focusing not only on across the floor skills, but also on the linking of advanced skills through intricate transitions, and focus on technique and approach to a sequence of skills as opposed to individual/isolated technique. This is a non-performing class.

## **Acro/Hip Hop**

Half of the class is spent focusing on acro and the other half on hip hop. During acro, dancers learn how to properly develop acrobatic and gymnastic skills with an emphasis on balance, strength and flexibility. Unlike a gymnastics class, acro does not employ the use of large apparatus. Most work is done on mats, with the goal of moving to the floor. Props such as "cheese mats", bosu balls, Therabands, blocks (and more) are used to assist with proper execution and increase strength and flexibility. Students learn to blend dance and acrobatics as seen in such places as Cirque du Soleil. Set to popular music, Hip Hop aims to build rhythm, expression and style. Class begins with a high-energy warm-up followed by core strength exercises to develop a strong base. Center work includes hard-hitting choreography, isolations, complex footwork, and more. Students are encouraged to integrate expression and attitude, and gain an understanding of dynamics and timing. Choreography increases in difficulty and maturity as the students get older and more experienced.

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